

WHAT TO BRING TO CAMP (FOR 3 WEEKS)

Labelled With First & Last Name

Use the squares as check boxes as you pack.

Bedding

- 2 Pairs of sheets (4 in total)
- 2 Pillow cases
- 1 Pillow
- 1 Warm blanket – essential
- 1 Sleeping bag (preferably water resistant for overnights)

Toiletry Items

- 3 Bath or Beach Towels
- 2 Face Towels
- Toothbrush and Toothpaste
- Soap and Case
- Comb, Brush, Shampoo
- Sunscreen
- Mosquito repellent
- Kleenex

Clothing

- 10 Pairs of underwear
- 10 Pairs of socks (2 heavy)
- 5 Pairs of shorts
- 10 Tee-shirts
- 4 Sweat shirts
- 3-4 Pairs of long pants
- 2 Bathing suits
- 2 Pairs of pyjamas
- Rain Coat or Poncho
- Sun hat and water bottle essential
- Warm jacket
- Casual-dress clothing for Shabbat

LAUNDRY IS DONE EVERY TEN DAYS.

No laundry for 1-weekers.

Footwear

- 2 Pairs of runners: one good for hiking (**Gr. 7 & up need hiking shoes with ankle support**)
- Thongs or crocs for shower & pool only**
- Rain Boots

Miscellaneous Items

- Kupa money – recommended \$5.00 a camp week
- Laundry bag
- Stationary, stamped envelopes, and pen (USA mail will be stamped by camp)
- Flashlight plus extra batteries
- Day pack
- Hiking Back Pack (Gr. 7 & up need for overnight hike)

Optional Items

- Camera (Cheap!)
- Non-electronic games
- Reading material
- Musical instruments
- Sports equipment

NO CELL PHONES OR WiFi ENABLED DEVICES e.g. iPods or iPads. They will be confiscated if brought to camp.

IF YOUR CHILD'S SESSION IS LESS THAN 3 WEEKS, THIS LIST SHOULD BE ADJUSTED ACCORDINGLY.