

PACKING LIST

A packing list for 3 weeks (adjust if your child's session is less than 3 weeks)

Remember to label everything with your child's first and last name.

Bedding

- 2 pairs of sheets (4 in total)
- 2 pillow cases
- 1 pillow
- 1 warm blanket -essential
- 1 sleeping bag (waterproof recommended)

Toiletry Items

- 3 bath or beach towels
- 2 face towels
- toothbrush and toothpaste
- soap, shampoo, and conditioner
- comb and brush
- sunscreen
- mosquito repellent
- kleenex
- medications & supplements (only multi-dose pre-packaged by a pharmacy)

Miscellaneous Items

- Kupa money – recommended \$5 per camp week
- flashlight and extra batteries
- laundry bag
- stationery, envelopes, and stamps (U.S. mail will be stamped by camp)
- daypack
- hiking back pack (Gr. 7 & up need for an overnight hike)
- 1 box of 5 COVID Antigen tests

We do not allow campers to have mobile phones or other WiFi-enabled devices (such as Kindle, Nooks, iPod Touch, iPad, laptops, notebooks, tablets, Nintendo DS, PSP Go, handheld electronic games, etc.). If these are

Clothing

- 10 pairs of underwear
- 10 pairs of socks (2 heavy)
- 5 pairs of shorts
- 10 tee-shirts
- 4 sweatshirts
- 3-4 pairs of long pants
- 2 bathing suits
- 2 pairs of pajamas
- raincoat or poncho
- sun hat and water bottle - essential
- warm jacket
- casual-dress clothing for Shabbat

Footwear

- 2 pairs of runners (one for hiking)
Those completing Gr. 7 & up need hiking shoes with ankle support.
- flip flops/crocs — for shower & pool only
- optional: rubber closed footwear for water activities

Optional Items

- reading materials
- camera (inexpensive)
- non-electronic games
- musical instruments
- fun /crazy clothes for Rikud
- plain white tee (for spray paint / tie dye)

brought to camp, they will be confiscated and returned when the camper leaves at the end of the session.

LAUNDRY IS DONE EVERY TEN DAYS.

NO LAUNDRY FOR CAMPERS COMING FOR 5-12 DAYS.